



Mike Sandys DL



Mike is Director of Public Health for Leicestershire and Rutland. Mike graduated from Leicester Polytechnic in 1989 starting work for the NHS that year.

After working in variety of public health positions in the NHS and academia across the North West of England, Mike moved back to the Midlands to take up a post as Consultant in Public Health in Derby City in 2010.

Moving to a Consultant post in Leicestershire in 2010, Mike then transferred over to Leicestershire County Council as a result of changes brought about by the health and social care act 2013. He took over as Director of Public Health for Leicestershire County Council and Rutland County Council in 2014.

Mike served as the East Midlands representative on the Council of the Association of Directors of Public Health for a number of years and has served on a number of national committees relating to Public Health guidance and research.

Mike led the public health response to COVID in Leicestershire and Rutland during the pandemic and was awarded a honorary degree from Loughborough University in 2021.

Mike is chair of Active Together, the physical activity partnership for Leicester, Leicestershire and Rutland and is a trustee and board member of Active Partnerships, the national body representing the forty three active partnerships across the country, of which Active Together is one.

Outside of work Mike enjoys sport, both spectating and participating, and suffers from supporting his hometown club, Plymouth Argyle.

Mike was appointed as a Deputy Lieutenant in 2022.